

Bay Riders Community Centre Harrow Neighbourhood House



A Place to Connect, Inspire, Belong

What's On...

Men's Shed	Thursdays 10 - 3.30pm
Thirsty Book Worms	recommences 23rd February 2017
Yoga	Tuesdays 8.30am & 6.30pm (terms)
Pilates Plus	Wednesdays @ 6.10am and 8.30am
Computer Classes	Contact the Centre for further info
International Cooking	Watch this space!
Harrow Long Lunch	24th March
Sketch with Stretch	12th February

24 Blair Street, Harrow.
P.O. Box 103 Harrow,
Victoria 3317
Phone: 03 5588 2000
Fax: 03 5588 1300
Web: www.hbnc.org.au
Programs Officer: Lynne Beaton
lynne.beaton@hbnc.org.au
Administration: Anita McGuigan
operationsadmin@hbnc.org.au

FOR ALL PROGRAM BOOKINGS CALL 03 5588 2000



Yin Yoga

Come and practice Yin Yoga with our fully qualified instructor.
Tuesdays 8.30 to 9.45am & 6.30 to 7.45pm
at the Centre. Cost ~ \$5

Pilates Plus TERM 1 with *Loren Linto*

Wednesday Mornings
Early Morning Class 6.10am
Morning Class 8.40am LADIES ONLY
Fees: \$49.50 Term 1 (9 weeks)
payable direct to the
Harrow Bush Nursing Centre.
Bookings Essential, for individual
enquiries please contact
Loren 0439 472 009 or
e- mitchloren@optusnet.com.au
Casual rate of \$8 per session available

Do you need a gun licence?

Expressions of interest are called for people wanting to undertake a gun licence course here in Harrow in 2018.
Email: lynne.beaton@hbnc.org.au or phone
03 55882000

Save the date...

24th March 2018
Harrow Long Lunch
Tickets now on sale. See flyer

Sketch with Stretch

Our own local professional artist
No experience necessary
6:30 - 9:30 pm Cost \$20

12th February

**Theme: Working towards the
First XI Art Prize**

**Concession card holders - \$10*

February 2018

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School Holiday Program Dec/January 2018 PHOTOS



Art Therapy



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These school holiday activities are made possible with the assistance of the RE Ross Trust. Please do not feel excluded due to financial difficulties. Please speak to us before the start of a course/activity to organise an alternative arrangement. Most of the School Holiday Activities have a reduced fee for concession card holders.

Print Making



Cooking with Katrina



February 2018

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Welcome to February 2018 with the Bay Riders Community Centre...

The Bay riders Community Centre was busy providing a wonderful school holiday program during the month of January with Ron Penrose teaching Print Making, Art Therapy workshops presented by Sue Catton and Kids Cooking with Katrina Lodge. All of these workshops and activities were made possible thanks to the RE Ross Trust.

Yoga and Pilates will resume this month along with Sketch with Stretch and Thirsty Book Worms. Tickets are now on sale for the Long Lunch so do get in early to ensure you can come along and join us for a great day of fine food and live music. See flyer for details. We have lots planned for a fantastic 2018 so do keep in touch.

Lynne Beaton
BRCC Administration & Programs Officer

Makeup Workshop for Adults

ONLY 10 SPOTS so be quick!

CALL 03 5588 2000

Friday 16th March from 6pm \$40 per person
BYO nibbles & drinks

Dimity from D'Lush Beauty will present this workshop

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Bush
Nursing
Centre

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Men's Shed Report for January 2018

From all the members of the Men's Shed we would like to wish everyone a happy and prosperous new year, and hope you had a happy and safe festive season.

It was straight back to business for the boys on Thursday January 11th with lots of stories to be told about the break. Unfortunately due to a Total Fire Ban the shed did not operate on the 18th January.

Just a reminder that we are still making our high quality products from mostly local materials to order or there is some stock readily available. For that special gift or simply a repair to any timber tables, doors, chairs etc. contact Paul Robertson, the Harrow Bush Nurse Centre or call in and see us.

The Men's Shed meets every Thursday from 10am – 3.30pm and all are welcome, be it to help with the work or just have a cuppa and a chat.

Harrow & District Men's Shed

Bookings and classes

Bookings are essential for all classes and activities. This is important as many classes have minimum number requirements that need to be met before that class can commence.

Course cancellations, withdrawals and refunds. Classes/activities may be cancelled if the minimum number of enrolments is not reached one week prior (unless otherwise advertised /specified)to the scheduled commencement date. In this instance a refund will be issued. Refunds are not available if you fail to attend a class for which you are enrolled. The Bay Riders Community Centre is a not for profit organisation and late withdrawals from classes can result in the class becoming financially unviable. Please contact the Coordinator for information on our fees policy.

Please do not feel excluded due to financial hardship. Please speak to us before the start of a course/activity to organise an alternative arrangement. Your confidentiality is assured.

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