

Bay Riders Community Centre Harrow Neighbourhood House



A Place to Connect. Inspire, Belong

What's On...

Men's Shed	Thursdays 10 - 3.30pm
Play Group	See flyer on Pop Up Play
Thirsty Book Worms	27th
Yoga	Tuesdays 8.30am & 6.30pm (terms)
Pilates Plus	Wednesdays @ 6.30am and 8.30am
Computer Classes	Contact the Centre for further info
International Cooking	Watch this space!
Sketch with Stretch	9th April
Dancing for Children	From 18th April, Wed 6.15-7pm \$5
Robe Surf Camp	11th & 12th April
ALL BOOKINGS DIRECT TO HBNC	
CLOSED ON ANZAC DAY 25th April	

24 Blair Street, Harrow.
P.O. Box 103 Harrow,
Victoria 3317

Phone: 03 5588 2000

Fax: 03 5588 1300

Web: www.hbnc.org.au

Programs Officer: Lynne Beaton

lynne.beaton@hbnc.org.au

Administration: Anita McGuigan

operationsadmin@hbnc.org.au



Yin Yoga

Resumes 17th April

Come and practice Yin Yoga with our fully qualified instructor.

Tuesdays 8.30 to 10.15am &
6.30 to 7.45pm

at the Centre. Cost ~ \$5

Contemporary Dance Sessions With Anna-Lena

Resuming on Wednesday 18th April
Then every Wednesday from 6.15 to 7pm
at the Harrow Bush Nursing Centre. Cost \$5

ROBE SURFING CAMP FOR YOUNG PEOPLE

11th & 12th APRIL

\$70 per person

5588 2000



April

Pilates Plus TERM 2

with *Loren Linto*

Resumes 18th April

Wednesday Mornings

Early Morning Class 6.30am

Morning Class 8.40am LADIES ONLY

Fees: \$55 FOR 10 WK TERM

payable direct to the

Harrow Bush Nursing Centre.

Bookings Essential, for individual

enquiries please contact

Loren 0439 472 009 or

[e- mitchloren@optusnet.com.au](mailto:e-mitchloren@optusnet.com.au)

Casual rate of \$8 per session available

School Holiday Activities

Thursday 12th April

COOKING WITH KATRINA LODGE

9.30 to 12.30

EAT what you COOK

COST - \$10pp or \$5 concession

CRAFT WITH KATRINA LODGE

1.30-3.30pm \$5 pp, \$2 concession

BOOKINGS ESSENTIAL



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April 2018

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Welcome to April 2018 with the Bay Riders Community Centre...

Well there goes March and what a month that was. We are all so excited about the huge success of the Harrow Long Lunch. It was a wonderful day in every way. The atmosphere was beautiful in the perfect setting facing the red gums by the river as we were treated to the fantastic music from Kalimna Jazz Band. With the scene set, the food was served and it was top class. Sloba, Katrina, Gurjit, Greg and Narelle prepared an exquisite four course meal for 100 people. This was a very special day enjoyed by all. Thank you to the wonderful volunteers who worked so hard to set up the scene, those who helped in the kitchen to keep things running so smoothly and those who served the delicious cuisine. To the chefs and cooks—thank you. You are all so amazingly talented and so very generous. To the 100 guests; thank you for supporting our event and I know you all had a ball. This has been a valuable fundraiser for the BRCC which will enable us to deliver more wonderful programs in the future .

And so life goes on and we do have more happening for the April school holidays, our Robe Surfing Camp, and our cooking & craft day with Katrina, please ring for details.

Wishing you all a happy Easter.

Lynne Beaton
BRCC Administration & Programs Officer

Adult Gun Licence Course
With Murray McInnes
Thursday 3rd May
10am—12 noon

Contact Centre for details
5588 2000

Preparing For & Maximising Age Pension

May 2nd 7pm-8.30 / 9pm

Topics Covered :

- Age to qualify for Age Pension
- Income & Asset Tests
- What is an asset and what is its value-Agregation/ Apportionment/Attribution
- Income Assessment/Deeming
- 20 year Association Rule
- Work Bonus
- Gifting/Deprivation-Moving assets to next generation

If you or your parents are approaching 60 years of age this is RELEVANT to you/them

With Gavin from Simmons Advisory Services

**Please Book at
the Centre.**

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**FREE
PUBLIC
INTERNET
ACCESS
@
Harrow
Bush
Nursing
Centre**

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Mens Shed Report for March 2018

We have had another busy month at the Men's Shed working on a range of projects. These have included building some trestle tables and outdoor bench seats. We have been using our new thicknesser to plane the recycled hardwood which has been a great help and achieved excellent results. We have also continued to complete a range of furniture repairs for different members of the community.

The Men's Shed was also invited to attend the Wimmera Field Days on the 6th March. We were involved in assembling small toys with some of the children there which was sponsored by Bunnings and thanks to all those that attended which was a great day. The parents really enjoyed watching their children make some of the toys and working with the members of the Men's Shed. Also a special thanks to Brian Close who drove the bus for us.

Just a reminder that the Mens Shed can repair old timber furniture, make new picnic tables and outdoor settings, and even custom build a sign for your property or home. Our hand-made clothes horses and fishing rod racks are readily available.

Please drop in and see us each Thursday, or contact Paul our co-ordinator along with enquiries at the Harrow Bush Nursing Centre. The Shed is open each Thursday from 10am till 3.30pm, and new members are very welcome. Simply drop in for a cuppa and a laugh, or just catch up with old friends.

Harrow Men's Shed

Bookings and classes

Bookings are essential for all classes and activities. This is important as many classes have minimum number requirements that need to be met before that class can commence.

Course cancellations, withdrawals and refunds. Classes/activities may be cancelled if the minimum number of enrolments is not reached one week prior (unless otherwise advertised /specified)to the scheduled commencement date. In this instance a refund will be issued. Refunds are not available if you fail to attend a class for which you are enrolled. The Bay Riders Community Centre is a not for profit organisation and late withdrawals from classes can result in the class becoming financially unviable. Please contact the Coordinator for information on our fees policy.

Please do not feel excluded due to financial hardship. Please speak to us before the start of a course/activity to organise an alternative arrangement. Your confidentiality is assured.

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Sketch with Stretch

*Our own local
professional artist*
No experience necessary

**Theme: Painting
with Oils**

Tuesday 9th April
6.30-9.30pm cost \$20
***Concession card holders -
\$10**

April 2018