Bay Riders Community Centre Harrow Neighbourhood House



A Place to Connect. Inspire, Belong

What's On...

Men's Shed Thirsty Book Worms Yoga

Yoga Pilates Plus Thursdays 10 - 3.30pm

31st August

Tuesdays 8.30am & 6.30pm - Wednesdays @ 6.30am and 8.30am

PLEASE NOTE THERE WILL BE NO PILATES 8.40am SESSION ON 15th AUGUST. If you have already paid term membership, please see us for a reimbursement unless you wish to swap to the 6.30 class on this occasion

24 Blair Street, Harrow. P.O. Box 103 Harrow, Victoria 3317

Phone: 03 5588 2000

Fax: 03 5588 1300

Web:www.hbnc.org.au
Programs Oficer: Lynne Beaton
lynne.beaton@hbnc.org.au
Administration: Anita McGuigan
operationsadmin@hbnc.org.au

Yin Yoga

Come and practice Yin Yoga with our fully qualified instructor.
Tuesdays 8.30am & 6.30pm

at the Centre. Cost ~ \$5

Please note that Yin Yoga will continue through the school holidays (term 2 -3) before Rhonda goes on leave. Cath McDonald has kindly agreed to lead the sessions from the 31st July to the 28th August. All participants are asked (during this time) to text message Cath McDonald to confirm their attendance at the sessions each time. Cath's mobile number can be given to you by Rhonda or please call us.

Sketch with Stretch

Our own local professional artist No experience necessary 13th August Theme: Drawing Birds 6.30-9.30pm cost \$20



CONSUMER SURVEY 2018



Our consumer satisfaction survey is now open and closes 31st August. If you have accessed any of our programs or services over the last 12 months, please participate in this survey. You can access the survey on our Facebook Page or we have paper based surveys at the Centre. Your contribution will assist us greatly in continuing to provide quality programs and services.

Pilates Plus with Loren Linto TERM 3 starts 18th July Term 3 payments due

Wednesday Mornings
Early Morning Class 6.30am
Morning Class 8.40am
for individual
enquiries please contact
Loren 0439 472 009
Casual rate of \$8 per session available

August 2018

Bay Riders Community Centre has a commitment to cultural safety, inclusion and empowerment of Indigenous, Torres Strait Islander, their families and communities and encourages them to apply. This organisation promotes the safety and wellbeing of children from culturally, linguistically diverse and aboriginal backgrounds and those with a disability.

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School Holiday Program It's another wrap!

Thank you to RE Ross for making it possible for school age children to attend the following activities through our School

Holiday Program:





Birds of Prey-4th July at Harrow Hall with Martin Scuffin from Leigh Valley Hawk and Owl Sanctuary.



Defensive Driving Training held on 30th June & 1st July in Harrow. Another group of L plate drivers participated in the training.



Access to WDHS School Holiday Program meant that Harrow children could access their program at a reduced cost. These included Barista Workshop, Art at the Stables and Come & Try Day at HIRL, Hamilton.



Golf for Juniors—held at Harrow Golf Club on 11th July with Tony Collier from Golf Victoria.

August 2018

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Welcome to August 2018 with the Bay Riders Community Centre...

July was a fantastic month with lots happening from the Bay Riders Community Centre during the school holidays. The Australian Driving Institute driving courses were very well attended and once again were met with rave reviews. Both Saturday and Sunday saw Learner, Probationary and full licenced drivers attend the courses. We are so fortunate to have this opportunity here in Harrow to improve our driving skills on the roads we all travel on day to day. We very much appreciate the Harrow Golf Club once again running a junior golf clinic with Tony Collier from Golf Victoria. Thanks to the volunteers from the club for making this workshop possible.

The children had the opportunity to partake in various workshops with the WDHS School Holiday Program including a Barista workshop and Art classes.

The Birds of Prey presentation was extremely popular with 170 people in attendance who came from far and wide. Both young and older people enjoyed the wonderful display along with many enthusiastic photographers. We thank the RE Ross trust for making these programs possible.

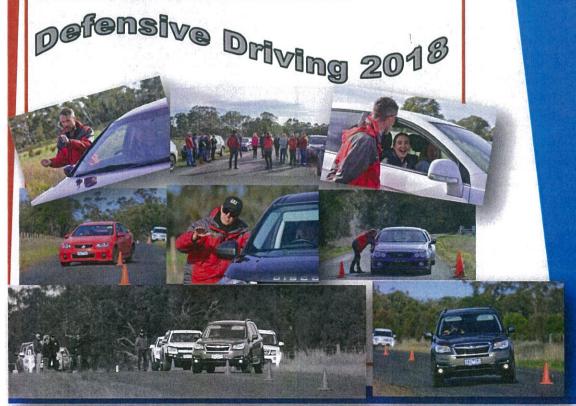
Happy August.

Lynne Beaton

BRCC Administration & Programs Officer

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Men's Shed Report for July 2018

The winter cold has caught up with everyone, but it has not deterred the boys from the Shed turning up each week to continue their high standard of work.

Earlier this month the boys were treated to a bus trip out to Ron Elliott's property, to get a demonstration on his Lucas mill. Everyone enjoyed themselves and we would like to extend our thanks and appreciation to Ron for his hospitality. The boys were then treated to a guided tour of the surrounding areas and enjoyed an informative commentary along the way, and a great day was had by all. We are still taking orders for all our manufactured timber products, and if you have a furniture in need of repairs drop in and see us.

The Harrow Mens Shed was fortunate enough this week to take delivery of a new bench saw, which will be used in the preparation of a wide range of materials for our projects and will get a lot of use in the future. The purchase of the Carbotech Table Saw was made possible through the generosity of the Vintage Enduro Committee—we thank them very much. The Harrow Men's Shed meets Thursdays from 10.00am till 3.30pm and all are welcome to drop in for a chat and cuppa.

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Harrow Men's Shed



Bookings and classes

Bookings are essential for all classes and activities. This is important as many classes have minimum number requirements that need to be met before that class can commence.

Course cancelations, withdrawals and refunds. Classes/activities may be cancelled if the minimum number of enrolments is not reached one week prior (unless otherwise advertised /specified) to the scheduled commencement date. In this instance a refund will be issued. Refunds are not available if you fail to attend a class for which you are enrolled. The Bay Riders Community Centre is a not for profit organisation and late withdrawals from classes can result in the class becoming financially unviable. Please contact the Coordinator for information on our fees policy.

Please do not feel excluded due to financial hardship. Please speak to us before the start of a course/activity to organise an alternative arrangement. Your confidentiality is assured.

August 2018